Deciding on a work goal

What is a work goal?
A work goal is the aim you have for yourself in the workforce. It usually involves a set amount of time, eg one year, two years.
To help you achieve your work goal, it’s a good idea to write a plan listing:
• the type of job you are interested in
• what skills you need for the jobs you are interested in
• what you would like to be doing in one year’s time
• your work goal.

What do you need to know before setting a goal?
You need to know what your strengths, capabilities, skills and weaknesses are and why you are setting a particular goal. For example, a career path shouldn’t be chosen just because it’s a popular choice, it’s a ‘cool’ job or there’s a lot of money in it. It should be something that you are, or will be, good at and enjoy.

What are SMART goals?
SMART stands for Specific, Measurable, Achievable, Result-oriented and with Timelines.

Are your goals SMART?
In other words, your goals – whether they are personal or professional – shouldn’t be vague or unrealistic.
In deciding whether your goals are SMART, you need to consider what skills, knowledge, qualifications, experience and resources you possess and how they relate to achieving your goals.