



4. Evaluate your cookery skills, time management during practical, taste and presentation of meal.

Cooking skills

---

---

---

---

---

---

---

---

Time management

---

---

---

---

---

---

---

---

Taste

---

---

---

---

---

---

---

---

Presentation

---

---

---

---

---

---

---

---

5. Evaluation of recipe for the special need group. ie why is it nutritionally suitable for adolescents?

---

---

---

---

---

---

---

---